



Activity	Key Skills			National Curriculum		Q.C.A	
	Communication	Working with others	Problem Solving	Physical Education	Geography	Physical Education	Outdoor and Adventurous activities
Orienteering	*	*	*	*	*	*	*

Learning objective: To introduce pupils to orienteering.

Description: An introduction into basic map reading skills through the practical activity of orienteering. Pupils navigate their way around centre in small teams with the aid of a map. The activity requires good teamwork and develops leadership skills and initiative.

KNOWLEDGE	SAFETY	SKILLS
<ul style="list-style-type: none"> To demonstrate an understanding of basic map reading. To understand the importance of keys and orientation. Keywords: orientate, legend, aerial plan. 	<ul style="list-style-type: none"> Recognising activity boundaries and safety areas. To recognise the perceived risk of the activity and how this is controlled by safety rules. 	<ul style="list-style-type: none"> To work as part of a team in planning and implementing tactics. To demonstrate good listening and communication skills. To improve the quality and technique of the newly acquired skill.