



Activity	Key Skills			National Curriculum		Q.C.A	
	Communication	Working with others	Problem Solving	Physical Education	PSHE	Physical Education	Outdoor and Adventurous activities
Quad bikes		*			*		*

Learning objective: To have experienced a basic introduction to karting and be able to control a kart safely around the designated track.

Description: Pupils are coached to focus on skill and control, rather than speed as they drive four wheeled motorised bikes around purpose built, fully supervised tracks.

KNOWLEDGE	SAFETY	SKILLS
<ul style="list-style-type: none"> To recognise the perceived risk of the activity and how this is controlled by safety equipment. Correct use of personal protective equipment. To recognise that by controlling speed you control safety. Keywords : accelerator, throttle 	<ul style="list-style-type: none"> Recognising activity boundaries and safety areas. To wear the appropriate clothing long sleeves, long trousers and sensible shoes. Observing general safety rules for quad bikes. 	<ul style="list-style-type: none"> To demonstrate the safe operation of throttle, brakes and steering. To demonstrate a good karting technique both on the straight and cornering. To improve the quality and technique of the newly acquired skill