



Activity	Key Skills			National Curriculum		Q.C.A	
	Communication	Working with others	Problem Solving	Physical Education	PSHE	Physical Education	Outdoor and Adventurous activities
<b>Team challenge</b>	*	*	*	*	*	*	*

**Learning objective: To introduce pupils to team challenge.**

**Description:** A purpose built obstacle course that challenges all age groups. Divided into teams, pupils are set a number of problem solving activities. The challenges get progressively more difficult as the teams work together to develop and execute their planned solutions.

KNOWLEDGE	SAFETY	SKILLS
<ul style="list-style-type: none"> <li>To recognise the importance of making a plan.</li> <li>To recognise the importance of co-operation and collaboration in a team situation.</li> <li>To recognise the importance for clear decision-making.</li> <li><b>Keywords</b> : co-operation, spotters, collaboration</li> </ul>	<ul style="list-style-type: none"> <li>Recognising activity boundaries and safety areas.</li> <li>Observing general safety rules for team challenge.</li> <li>Use spotters where appropriate.</li> <li>To recognise the effects of positive and negative peer influence.</li> </ul>	<ul style="list-style-type: none"> <li>To work as part of a team to propose strategies that solve a range of problems.</li> <li>To demonstrate good listening and communication skills.</li> <li>To build confidence and leadership skills.</li> </ul>