



	Key Skills		National Curriculum		Q.C.A	
	Improving own learning and performance.	Working with others	Physical Education	PSHE	Physical Education	Outdoor and Adventurous activities
Activity						
Karting	*	*		*		*

Learning objective: To have experienced a basic introduction to karting and be able to control a kart safely around the designated track.

Description: An opportunity for pupils to get behind the wheel and master the controls of a go-kart. Emphasis is put on steering, control and road sense rather than the use of speed.

KNOWLEDGE	SAFETY	SKILLS
<ul style="list-style-type: none"> To recognise the perceived risk of the activity and how this is controlled by safety equipment. Correct use of personal protective equipment. To recognise that by controlling speed you control safety. Keywords : accelerator, throttle 	<ul style="list-style-type: none"> Recognising activity boundaries and safety areas. To wear the appropriate clothing long sleeves, long trousers and sensible shoes. Observing general safety rules for karting 	<ul style="list-style-type: none"> To demonstrate the safe operation of throttle, brakes and steering. To demonstrate a good karting technique both on the straight and cornering. To improve the quality and technique of the newly acquired skill.